1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

Eve and Epiphany (December 24–January 6). It is preceded by a week's fast, which formerly lasted forty days, ending on Christmas Eve. Throughout much of Greece it is traditional to kill a pig for Christmas, although in many villages of Thessaly people are satisfied with fowl. Indispensable is the *Christopsoma* (Bread of Christ), a large round loaf, with a cross formed of dough in the middle and with four chestnuts on each side and a fifth in the center. This is a leavened loaf but without any sugar, although in the cities it is so highly decorated with candied fruits that it resembles a sweet loaf. Special Christmas cakes as well as a number of other dishes are also prepared for the occasion.

Christmas Eve is a time for caroling, or the *kalenda*. The carols are about the birth of Christ, the joy that is spread all over the world, "so good master give us something so that we can enjoy with ease Christmas Day." In some parts of Greece adults as well as children go caroling. In addition to triangles which they play while singing, the children may carry little paper ships or houses and lighted lanterns. The carolers in the cities receive coins or sweets, but in the villages they are content with currants and nuts. They avoid homes that are in mourning, although earlier in the day many people have probably visited the cemeteries with offerings of food for the dead.

On Christmas Day itself the more devout go to the early communion service and then on to the home of the eldest relative (if he is very poor, then to the home of the richest relative). Here, in Thessaly at least, they drink *kokorozoumo*, a boullion made from boiled chicken, lamb, and beef, to which a lemon flavoring has been added. In Macedonia, a traditional dish is *dolmades*, or stuffed pickled cabbage leaves prepared on Christmas Eve and allowed to simmer in a sauce pan on a low fire all night. The men in particular drink a great deal of liquor throughout the day and generally end up inebriated, partly because they have been to call on those named Christos or Christina and been duly treated. Christmas Day, though not a time for exchanging gifts, is a special occasion to be celebrated.

Yet throughout this whole twelve-day period many of the peasants reveal an unusual anxiety, for they believe that the Evil Eye is unusually active at this time. Windows and doors must be kept shut so that bad spirits will not bring in illnesses of any kind; furthermore, these spirits — called *kallikantzari* — are usually mischievous as well. They are supposed to be little men with goats' feet, enormous heads, and big ears; they are black, for they come down the chimney which must be kept closed. To be on the safe side, it is well to put a little sugar and a glass of water by the fireplace for them to eat and drink and thus be less inclined to do harm. Every village literally teems with stories about the kallikantzari at this time of year and details differ greatly as to their appearance and pranks. Their presence is

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considered so real that many villagers going outdoors after dark take both a light and a cross for protection. Nor should one do any washing of clothes during the Twelve Days, go to the fields to work, borrow from a neighbor, or believe in the efficacy of dreams since they will not come true at this time.[9]

After the Emmanuels have had their nameday on the twenty-sixth and the Stephens theirs on the twenty-seventh, the women start preparing the traditional New Year's Eve dishes. On the thirtieth special attention is given to the baking of the *vasilopita*, a special cake named in honor of Saint Basil (Hagios Vasilis), a very important figure. A coin has been placed in the cake, on the top of which the date of the year is written. Chestnuts and almonds are used for decorations.

On New Year's Eve, throughout the day, the children go around caroling again much as they did on Christmas Eve, but on this occasion it is St. Basil's kalenda. The children carry a highly decorated branch of the sorb-tree or sometimes the olive with which they tap people on the shoulder in order to wish them good luck during the year. In return they expect a gift such as dried fruit. The youngsters add a festive air to the day and help build up the emotional crescendo that becomes quite evident as evening approaches — everyone is anxious to find out what their luck will be for the coming year. Excitement is particularly keen around midnight with the cutting of the vasilopita; first, the head of the house cuts a piece of this cake for the Virgin, then one for the house, then one for the job that the head of the house does, then his own piece to be followed by one for his wife and each child in turn. Everyone is curious to find out in what piece the lucky coin will turn up. Should it be in the Virgin's piece, it will be placed on the household shrine, but if any member of the family finds it in his piece he feels fortunate indeed.

If the family members exchange any gifts, it is done at this special event on New Year's Eve and not at Christmas. In Northern Greece especially the villagers play cards to test their luck. If anyone loses he is apt to say, "If I lose at cards, I'll win during the year." Those who win say, "I'll be lucky."

The devout go to the New Year's Day church service at which the liturgy of St. Basil is employed, and when they come home they are careful to step into the house with their right foot; if they have brought a new icon from the church, the one carrying it will step into the house first. During the day the men pay calls on such village notables as the community president, the priest, the doctor, or the schoolteacher and are served wine with a sort of canape. The women, dressed in their very best, serve the guests. Students, soldiers, and others away from home try to get back to their village for at least a two- or three-day visit. On New Year's Day the card games are taken up again.

so that fragments will not lodge in his throat. The pediatricians urge against this practice. They also urge rigid scheduling of feedings. The behaviourist principles of child rearing fit into the value of firmness, the feeding schedule falls in with the training of fortitude, and is introduced in the name of self-discipline, as well as for giving the mother freedom, that is leisure and freedom from encroachment. Few mothers, however, fall in with these schedules. 853

Toilet training is not mentioned in the two current manuals on child care. Mothers report that they begin training for urination at five or six months. Training for the bowel movement does not come until the child can sit by himself. Help in learning how to speak is suggested and described at length, but none for walking. Greek mothers do encourage their children to walk, however, and a folk rhyme says that a baby, "lest it be shamed," takes to the wall and walks at seven months. The manuals devote much space to character training; obedience is taught first, almost from birth; it is the parents' task to mould the character of the child, to be firm and unyielding. Mothers are urged not to be indulgent or overprotective. 863 856 [868] 867 [855]

The manuals devote about a third of their space to illness and home care. Under illness are listed sleeplessness, enuresis, thumbsucking, night terror, lack of appetite. Enuresis is said to come from irritation of the urethra, thumbsucking to begin around the fifth month from irritation of the gums. 863 753

In recent years, mothers have been urged to spend more time with their babies and to do more things for them. Among the urban well-to-do this means that mothers are urged to bathe, feed, and suckle their babies themselves. For other groups, this would mean a displacement; the children are usually with the mother, working with her and sharing experience with her; but to give them her undivided attention she would have to change basic attitudes, the accepted place of the child within the family and his assumed share in all its functions; and she must reorient the entire system of roles within the family. 854 182 [369]

The mother apparently takes no delight in the naked baby, in touching its skin or watching its movements when freed from the swaddling cloth. Traditionally the baby, like the adult, is never naked. The baby's bath is not a special occasion of delight. In her lullabies, the mother shows no delight in any part of the child. She speaks of the joys of gardens, flowers, herbs and trees, but most of all, she tells of the rich clothes and adornments she is ordering from strange lands. She dreams of her daughter's wedding and her son's education. To the visitor, the baby consists of arms and legs; she says, first making appropriate allowances for the evil eye: "How his arms and legs have grown!" The mother coos and signs to her baby and smiles a special smile; she kisses his hands, she holds him in her arms. She calls him "My little gold, my little angel, my little bird, my little love"; she uses no terms derived from the sense of taste, unless she is a refugee 854 [291] [789]

854 from the interior of Turkey. On the other hand, she will say: "That I might eat you!"

855 861 It is extremely important for a child not to shame its parents. A mother, after a visit is over, will say to her child: "Bravo, my good child, you have not shamed me!" or "Bad child, you have shamed me." A child is addressed as "*my* good one", but when naughty, merely as "bad one". In fact, children usually learn early to behave in the presence of visitors. They are used to hearing their mothers praise [184] them in their presence, and they expect to be asked to stand up on a chair and recite a poem or sing; such performances are carefully praised, with the precaution of symbolic spitting, to circumvent the evil eye. Children are also used to hearing themselves criticized bluntly by visitors.

The Greek child is given freedom in his behaviour, with the limits supplied by personal relationships. It is not wrong to be boisterous and noisy, but it is wrong to be so when Father does not like it, or during a visit, or when it disrupts Mother's work. The child is always on the periphery, never in the centre; the wishes of the elder members come first. A good child listens to his parents, runs mother's errands. He may be rewarded with a piece of candy, but small gifts of this sort are given so freely that the reward does not stand out. He is told folk tales of the little goat who disobeyed his mother, or the little lamb who obeyed, or the mother may invent such moral tales for the child.

861 Obedience to the father, the mother, older siblings, the older relatives and friends of the family in general, is very important. The dis- [865] obedient child "eats wood", but it is probably only the father who might pick up a stick with which to strike the child. A mother certainly does not give the child the equivalent of a whipping, though she may strike the child with whatever she happens to have in her hand. Usually she will merely shout at the naughty child, threatening to kill him. The child will run away, the mother will run after him, catch him by the ear and pull him back, or reach out and slap his face (*batso*, slap-on-the-cheek, is very common, as is ear-pulling). The child howls, but presently comes back to the subject of the disagreement; he is not cowed. After a series of violent threats and withering curses, the mother will hug the child. This is not seen as rejection, and any lurking hostility is given full vent.

852 553 Every baby is baptized as early as possible; until baptism the child is called a "little dragon"; it has no name. Naming comes only with [608] baptism. The occasion is an important religious and social one. The godparent is chosen carefully, since this is a relationship which lasts for life, and broadens the all-important relationship circle for the child.

865 543 When a new baby is expected, the mother may tell the knee baby[1]

[1] "Knee baby" is a term used for the penultimate child, who stands at the mother's knee while the youngest child is held on her lap.